

Learning Route: Women's empowerment, business development and sustainable natural resource management
Scaling-up programmes for the rural poor in Nepal
6 to 13 December 2014



OPERATIONAL INFORMATION

Dear participant!

Welcome to the Learning Route: **Learning Route on women's empowerment, business development and sustainable natural resource management. Scaling-up programmes for the rural poor in Nepal**, to take place in Nepal, between the 6th and the 13th of December 2014.

Below you will find some operational information, which we hope will be helpful for your participation in the Learning Route to Nepal.

For further information, please contact:

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1. FLIGHTS

When booking your international flight to Nepal, please ensure to arrive in Kathmandu on Friday the 5th and to leave from Kathmandu not before Saturday 13th, after 21:00 hours. On the 5th and 13th hotel accommodation will be provided by the LR organizers, if necessary.

A flight between Bhairawa Airport and Kathmandu Airport on the 13th (depart 17:30 hours and arrives 18:00) is include in the Learning Route. The flight service is provided by Buddha Air (<http://www.buddhaair.com>). Please note that flights have usually delay, so it is important you shedule your return flight, not before 21:00 hours on the 13th.

2. ACCOMMODATION

The Learning Route will use three Hotels during its implementation. Most of the times participants in the Learning Route will be sharing double rooms. Here the details:

Hotel Name	Summit Hotel	Global Hotel	Hotel Buddha Maya Gardens
Staying dates	5 and 6 December	December 7, 8 and 9	December 10, 11 and 12
Address	P.O. Box 1406, Kopundol Height Katmandu, Nepal.	Bharatpur-10, Chitwan, Nepal	Lumbini, Nepal
Contact details	+97715521810 http://summit-nepal.com/	+97756525513 http://www.hotel-global.com.np/	+97772580220 http://ktmgh.com/buddha-maya-garden.html

3. PASSPORT AND VISA

Most of foreign tourists visiting Nepal shall be granted the tourist VISA. The Learning Routes are considered educational tourism, so it's the right kind of VISA to apply.

Please confirm you have all the requested documentation to enter Nepal. Kindly check the official website of the Ministry of Home Affairs- Department of Immigration of Nepal: <http://www.immi.gov.np/visa/tourist-visa>

Tourist VISA can be issued at the Immigration Officer of the Tribhuvan International Airport, Kathmandu, under the payment of USD 25. Please ensure to bring with you 2 photographs (ID format) for the VISA and two photocopies of your passport. The VISA application form is available at the airport or you can download it here: <http://www.immi.gov.np/download/app1.pdf>

4. HEALTH

The Learning Route Team will have an emergency kit. Each participant must be covered by a travel insurance for the duration of the Learning Route.

We strongly recommend you to bring sufficient supplies of the medicines you normally take. You can include mosquito repellent lotion and sunscreen, and motion sickness relief for traveling in a bus – if you think you might need it.

It is also recommended that you have all your vaccination up to date. Visitors from Africa must bring with them the official yellow fever certificate.

If you have any special health or diet condition, please communicate it to the Learning Route's organizers.

5. WEATHER AND LUGGAGE

December is the winter season, so we might experience cold temperatures during our trip. We will move from the middle hills (dried climate) to the Terai (tropical area with hot and humid climate). Temperature will be between 15° and 33° C during the day, but with nights often chilly.

You can check weather forecast in Nepal here: <http://www.weatherforecastmap.com/nepal/>

Your luggage must not exceed 20 kg. We recommend you to bring in addition a carry-on or backpack for field trips in forest areas and trekking (or comfortable) shoes for the field visits. Please bring your personal towel and other articles for personal use (such as soap or toothpaste). Also, it is suggested to bring a sweater and jacket for the evenings, as well as sun glasses and hat to protect you from sun during the day. We will do field visit, so please bring informal and comfortable clothes.

Yours sincerely
The Learning Route team

**LEARNING ROUTE AGENDA
5th to 13th December 2014, Nepal**

Date and location	Time	Activity
Learning Route Open Workshop: The experience of Nepal in the fight against rural poverty.		
5 December Friday Kathmandu	All day	Gathering of participants in Kathmandu
6 December Saturday Kathmandu	08:30 - 12:00	Learning Route Opening Workshop <ul style="list-style-type: none"> • Introduction to the Learning Route • Self-introduction of participants • Experience Fair • Gender relations in the rural Nepal and the role of women
	12:00 - 13:30	Lunch
	13:30 - 17:00	Rural Development in Nepal <ul style="list-style-type: none"> • Nepal and IFAD partnership across time. • Talk show on today's partnerships and operations; HVAP, KUBBK LFLP and WUPAP.
	18:30 –	Opening dinner at Summit Hotel
Case study 1. The Devitar Leasehold Forest User Groups (LFLP) Introduction to the experience of NACFFL and SFACL		
7 December Sunday KTM – and Chitwan	06:00 –	Breakfast at Summit Hotel
	07:00 -	Travel to Chitwan (lunch on the way)
	13:30 -	Hotel check in
	14:00 –	Rest at the hotel
	16:00 – 16:45	Refreshment Introduction to the Devitar Leasehold Forest User Groups
	16:45 – 17:45	Refreshment Introduction to the experience NACFFL and SFACL
	19:00 - 2000	Dinner and accommodation at the Global Hotel
8 December Monday Shaktikhor	06:00 –	Breakfast at Global Hotel
	07:00 – 08:30	Travel from Chitwan to Shaktikhor (bus and walk)
	09:00- 12:00	Field visit <ul style="list-style-type: none"> • Introduction to the territory • Household visits by groups
	12:00- 13:00	Lunch with the community
	13:30 – 14:30	Walk through the learning forest <ul style="list-style-type: none"> • Leasehold forestry management • Grass grazing • Forest and income generation activities and food security
	14:30 – 16:00	Exchange on the top of the hill between Devitar LFUG and participants in the Learning Route
	16:00 – 18:00	Travel from Shaktikhor to Chitwan (walk and bus) First round of impressions (in the bus)
18:00	Dinner at Global Hotel	

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Date and location	Time	Activity
Case Study 2. Small Farmers Agro Cooperative Limited, Khaireni Parsha. (NACCFL)		
9 December Tuesday Chitwan	07:30 – 08:30	Breakfast at Global Hotel
	08:30 – 09:00	Transport to Khaireni Parsha Cooperative House
	9:00- 11:00	Introduction to the Khaireni Parsha Cooperative Characteristics, services and activities. Introduction to the territory Trajectory of the Cooperative and map of stakeholders.
	11:00 – 12:00	Field visit to Mr. Janak Shiwakoti, young entrepreneur. Cattle and organic farming
	12:00 – 13:00	Field visit to the Gopal Shvesta Family Farm Pig farming
	13:00 – 14:00	Lunch
	14:00 - 15:00	Field visit to the Sharan Chaudhari Family Farm Fish farming
	15:00 – 16:30	Last exchange between Khaireni and the participants in the Learning Route
	16:30- 17:30	Return to Global Hotel
	18:00	Dinner at Global Hotel
Innovation Plan Workshop		
10 December Tuesday Chitwan and Kapilvastu	07:00 – 08:00	Breakfast at Global Hotel
	08:00 – 14:00	Travel to Kapilvastu (lunch on the way)
	14:00 – 14:30	Check in at Buddha Maya Gardens Hotel
	15:00 – 16:30	Workshop for the analysis of the lessons learned from the Devitar and Khaireni experiences
	16:30 – 18:30	Innovation Plan Workshop
	18:30 – 19:30	Dinner
Case Study 3. The Pragatishil Agriculture Cooperative Ltd. (PAF)		
11 December Wednesay Kapilvastu	06:30 – 10:00	Breakfast Visit to Lumbini (Lord Budhha´s birth place). The visit is voluntary.
	10:00 – 11:00	Travel from Lumbini to Bijwa
	11:00 - 13:00	Cooperative introduction, women´s empowerment, skills and capacity building
	13:00 – 14:00	Lunch with members of the Cooperative
	14:00 - 16:00	Visit to households by groups
	16:00 – 16:30	Day Wrap up - Main learning of the day - Presentation of following days agenda.
	16:30 – 17:30	Return to Buddha Maya Gardens Hotel
	18:00	Dinner at Buddha Maya Gardens Hotel

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Date and location	Time	Activity
12 December Thursday Kapilvastu	07:00 – 08:00	Breakfast at Buddha Maya Gardens Hotel
	08:00 – 09:00	Transport from Hotel to Bijwa
	09:00 – 11:00	Field visit to several cooperatives income generation activities - Shop at the Market - Pig Farm - Fishpond - Boarding School
	11:00 – 13:00	World coffee session for the exchange on relevant topics: - Changes in gender relations - Cooperative's services - Income Generation Activities
	13:00 – 14:00	Lunch
	14:00 – 14:30	Wrap up with the Pragatishil Cooperative
	14:30 – 15:30	Return to Buddha Maya Gardens Hotel
	16:30 – 17:30	Workshop for the analysis of the lessons learned from the Pragatishil Cooperative.
	17:30 – 18:30	Work groups in the Innovation Plans
	18:30	Dinner
Conclusion of the Learning Route		
13 December Saturday	08:00 – 09:00	Breakfast at Buddha Maya Gardens Hotel
	09:00 – 10:00	Gender talks: What have we learned in this Learning Route and can be easily applied in our contexts.
	10:00 – 12:00	Innovation Plans Final Workshop
	12:00 – 13:30	Lunch
	13:30 – 15:00	Conclusions of the Learning Route Certification ceremony
	17:30 – 18:00	Flight back to Kathmandu
	18:00	End of the Learning Route Safe return home